

FOR WOMEN!

**MORE ENERGY
LESS FAT • BETTER SEX!**

FITNESS Rx™

YOUR ULTIMATE PRESCRIPTION FOR THE PERFECT BODY

Ab, Butt & Leg Special!

**NICOLE
MURPHY**

***Her Fabulous New
Life After Eddie***



ECCO BELLA Beautiful Bones Bar

Ecco Bella's newest addition to its Health By Chocolate line, The Beautiful Bones Bar, is all-natural and made of delicious, Swiss dark chocolate. Laced with orange essence, it's the tastiest way to get your daily calcium fix. The Beautiful Bones Bar combines potent sea-algae calcium with all its trace minerals and vitamins K, D2 and D3 provide for a better chance of absorption of this crucial nutrient and dramatically stronger bones. It can be found at spas and salons nationally, as well as in the Wild Oats and Whole Foods/Whole Body chains in the U.S., in Loblaws in Canada and in Selfridges, London.

