

## Instant Bliss drink mix (55% Cocoa)

helps support healthy skin.

**Organic ingredients:** Cocoa, raw cane sugar, cocoa butter, dehydrated cane juice, blueberry, vanilla. **Additional ingredients:** Fructooligosaccharide, cranberry seed oil, mixed carotenoids.

<b>Nurtrition Facts</b>	
Serving size: <b>1 oz</b> (28 g)	
<b>Amount Per Serving</b>	<b>% Daily Value †</b>
<b>Calories</b> 125    Calories from fat 23	
<b>Total fat</b> 3.5 grams	<b>9%</b>
Saturated fat 4 grams	<b>20%</b>
Unsaturated fat 2.6 grams	*
Cholesterol 0 grams	0%
<b>Total Carbohydrate</b> 19 grams	<b>3%</b>
Dietary fiber 5 grams	<b>8%</b>
Sugars 10 grams	*
<b>Protein</b> 2 grams	<b>2%</b>
Iron	46%
Phosphorus	4%
Magnesium	6%
Potassium	5%
Mixed carotenoids 1mg	*
† Percent daily values ares based on a 2,000 calorie diet. * Daily value not established.	

Made in Switzerland. Dairy or nuts may be present during manufacturing.

Fair Trade Certified by Transfair USA™

Guarantees fair prices and working conditions for cocoa farmers.

Certified organic by bio-inspecta.

These statements have not been evaluated by the FDA. This product is not meant to cure or treat disease.